

# ELDEPRYL™

Selegiline hydrochloride 5 mg tablets

## Consumer Medicine Information (CMI)

### What is in this leaflet

This leaflet answers some of the common questions about ELDEPRYL tablets. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you taking ELDEPRYL tablets against the benefits the medicine is expected to have for you.

**If you have any concerns about taking this medicine, ask your doctor or pharmacist.**

**Keep this leaflet with the medicine.**

You may need to read it again.

### What ELDEPRYL is used for

ELDEPRYL tablets are used to treat the symptoms of Parkinson's disease. This is a disease of the brain that affects movement.

People with Parkinson's disease do not have enough nerve cells in the part of the brain that controls movement. These nerve cells produce a substance called dopamine. It is a lack of dopamine which causes problems with movement.

ELDEPRYL tablets keep dopamine around longer, helping with difficulties in movement.

### Before you take it

#### *When you must not take it*

#### **Do not take ELDEPRYL tablets if:**

1. you have ever had an allergic reaction to:
  - medicines containing selegiline
  - any of the ingredients listed at the end of this leaflet.
2. you have taken or are taking antidepressants known as selective serotonin reuptake inhibitors (SSRIs) such as Prozac® (fluoxetine), Aropax® (paroxetine) or Zoloft® (sertraline) within the last five weeks.
3. you are taking pethidine (a strong pain killer) or other opiates (check with your doctor or pharmacist). Serious side effects could occur if you start to take ELDEPRYL tablets at the same time as these medicines.
4. you are taking antidepressants known as monoamine oxidase inhibitors (MAOIs) such as Aurorix® (moclobemide), Nardil® (phenelzine) or Parnate® (tranylcypromine) or have taken these medications within the last two weeks.
5. you are taking antidepressants known as tricyclic antidepressants (TCAs) such as Tofranil® (imipramine), Anafranil® (clomipramine), Tryptanol® (amitriptyline) or have taken these medications in the last two weeks.
6. the expiry date on the pack has passed.

If you take this medicine after the date has passed it may

have no effect at all, or worse, an entirely unexpected effect.

7. the packaging is torn or shows signs of tampering.

#### **Before you start to take it**

#### **You must tell your doctor if:**

1. you are allergic to any other medicines or other substances such as foods, dyes or preservatives.
2. you have or have ever had any other health problems especially:
  - stomach ulcers
  - liver or kidney disease
  - high blood pressure (hypertension)
  - psychosis (a condition causing abnormal thoughts)
  - heart problems (angina or abnormal rhythm).

ELDEPRYL tablets could make these conditions worse.

3. you are or plan to become pregnant or to breast feed. The effects of this medicine in pregnant and breastfeeding women are unknown.
4. you are taking any oral contraceptives.
5. you are taking any other medications having a dopamine effect (e.g. Madopar®, Sinemet®) or tramadol (e.g. Tramal®).

**If you have not told your doctor about any of the above, tell them before you start taking ELDEPRYL tablets.**

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## How to take it

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**Follow all directions given to you by your doctor and pharmacist carefully.**

They may differ from the information contained in this leaflet.

ELDEPRYL tablets are available only on prescription and it is usually co-prescribed with other medicines used in treating Parkinson's disease (e.g. Madopar<sup>®</sup>, Sinemet<sup>®</sup>). After taking ELDEPRYL tablets for a short time, your doctor may decrease the amount of Madopar<sup>®</sup> or Sinemet<sup>®</sup> that you are taking.

**If you do not understand the instructions on the pack, ask your doctor or pharmacist for help.**

### *How to take it*

**Swallow the prescribed dose of this medicine with a large glass of water while standing upright.**

**Do not stop taking it without your doctor's advice, because your symptoms of Parkinson's disease may worsen.**

### *If you forget to take it*

**If it is almost time to take your next dose, skip the dose that you have missed and take your next dose when you are meant to. Otherwise take it as soon as you remember, then go back to taking your tablets as usual.**

**Do not double a dose to make up for a dose that you have missed.**

### *If you take too much (overdose)*

**Immediately telephone your doctor or Poisons Information Centre (telephone 13 11 26) for advice, or go to Accident and Emergency at the nearest hospital if you think that you or anyone else may have taken too many ELDEPRYL tablets. Do this even if there are no signs of discomfort or poisoning.**

You may need urgent medical attention.

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## Side effects

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**Check with your doctor or pharmacist as soon as possible if you have any problems while you are taking ELDEPRYL tablets, even if you think that the problems are not connected with the medicine or are not listed in this leaflet.**

Like all medicines, ELDEPRYL tablets can cause side effects. If they occur, most are likely to be minor and temporary. However, some may be serious and need medical attention.

The most common side effects of ELDEPRYL tablets tend to be due to its interaction with certain drugs such as Madopar<sup>®</sup> and Sinemet<sup>®</sup>. These are usually mild in nature and normally disappear when your doctor lowers your dose of Madopar<sup>®</sup> or Sinemet<sup>®</sup> after you have started taking ELDEPRYL tablets.

**Tell your doctor if you notice any of the following and they worry you:**

- body aches and pains
- constipation
- diarrhoea
- dizziness
- dry mouth
- headaches
- light headedness or feeling faint
- nausea, vomiting
- sleep disorders
- stomach pains
- sweating more than usual
- abnormal thinking.

**Tell your doctor immediately, or go to the nearest casualty at your local hospital if you notice any of the following:**

- increase in unusual body movements

- mood/mental changes (e.g. agitation, confusion, depression, hallucinations)
- chest pains
- breathing problems.

**Tell your doctor if you notice anything else that is making you feel unwell.**

Some people may get other side effects while using ELDEPRYL tablets.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

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## After taking it

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### *Storage*

**Keep your tablets in the bottle until it is time to take them.**

If you take the tablets out of the bottle, they may not keep as well.

**Keep ELDEPRYL tablets in a cool dry place where the temperature stays below 25°C.**

**Do not store ELDEPRYL tablets or any other medicine in the bathroom or near a sink.**

**Do not leave it in the car or on windowsills.**

Heat and dampness can destroy some medicines.

**Keep this medicine where children cannot reach it.**

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

### *Disposal*

**If your doctor tells you to stop taking this medicine or the tablets have passed their expiry date, ask your pharmacist what to do with any tablets which are left over.**

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## Product description

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### ***What ELDEPRYL tablets look like***

ELDEPRYL tablets are a round white tablet with a break line on one side. It is available in bottles of 100 tablets.

### ***Ingredients***

Active ingredient:

- 5 mg selegiline hydrochloride per tablet.

Inactive ingredients:

- starch-maize
- cellulose-microcrystalline
- mannitol
- povidone
- magnesium stearate.

ELDEPRYL tablets do not contain gluten, sucrose, tartrazine or any other azo dyes.

### ***Supplier***

Aspen Pharmacare Australia Pty  
Ltd  
34-36 Chandos St  
St Leonards NSW 2065  
Australia

Australian Registration Number:  
AUST R 47465.

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